

HEALTH AND WELLNESS AMBASSADORS

TEACHERS



SHALINI KAPTIYAL
(PGT BIOLOGY)



KHILAP SINGH
(PGT PHYSICAL EDUCATION)

STUDENTS



NITIN BHATT
SCHOOL CAPTAIN (BOYS)



SMITA RANA
SCHOOL CAPTAIN (GIRLS)

HOUSE CAPTAINS

HOUSE CAPTAIN GANDHI HOUSE



BHOOMIKA ARYA
12th 'COMMERCE'



**PRIYANSHU
KHANKRIYAL**
12th 'COMMERCE'

HOUSE CAPTAIN SUBHASH HOUSE



ANUSHKA YADAV
12th 'COMMERCE'



MAYANK RAWAT
12th 'COMMERCE'

HOUSE CAPTAIN TAGORE HOUSE



PRIYANSHI RAI
12th 'COMMERCE'



YOGESH
12th 'SCIENCE'

HOUSE CAPTAIN DAYANAND HOUSE



**AKSHAT SINGH
NEGI**
12th 'COMMERCE'



AYUSHI
12th 'HUMANITIES'

Health and wellness ambassadors will accomplish the following work:-

1. To provide age appropriate information about health and nutrition to the children in school.
2. To promote healthy behaviors among the children that they will inculcate for life.
3. To detect and treat diseases early in children and adolescents including identification of malnourished and anemic children with appropriate referrals to PHCs and hospitals.
4. To promote use of safe drinking water in school.
5. To promote safe menstrual hygiene practices by girls.
6. To promote yoga and meditation through Health & Wellness Ambassadors.
7. To encourage research on health, wellness and nutrition for children.